

ΕΛΛΗΝΙΚΗ ΔΗΜΟΚΡΑΤΙΑ

HELLENIC REPUBLIC

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ΕΘΝΙΚΗ ΑΡΧΗ ΑΝΩΤΑΤΑΤΗΣ ΕΚΠΑΙΔΕΥΣΗΣ

HELLENIC AUTHORITY FOR HIGHER EDUCATION

# **University of West Attica**

**School of Health and Care Sciences** 

**Department of Biomedical Sciences and Midwifery** 

## **Postgraduate Studies**

Applications of Biomedical Technology in Infertility - Male and Female Factor

**Course Outline** 

**SEXUAL DYSFUNCTION** 





**ATHENS** 

2023

# COURSE OUTLINE

### (1) GENERAL

SCHOOL	School of Health and Care Sciences			
ACADEMIC UNIT	Biomedical Sciences and Midwifery			
LEVEL OF STUDIES	Postgraduate Studies			
COURSE CODE		SEMESTER Second		
	MY 2.4			
COURSE TITLE	SEXUAL DYSFUNCTION			
INDEPENDENT TEACHING ACTIVITIES  if credits are awarded for separate components of the course, e.g. lectures, laboratory exercises, etc. If the credits are awarded for the whole of the course, give the weekly teaching hours and the total credits			WEEKLY TEACHIN GHOURS	CREDITS
Lectures, laboratory training			2	7
Add rows if necessary. The organisation of teaching and the teaching methods used are described in detail at (d).				
COURSE TYPE general background, special background, specialised general knowledge, skills development	specialized			
PREREQUISITE COURSES:				
LANGUAGE OF INSTRUCTION and EXAMINATIONS:	Greek, Englisl	า		
IS THE COURSE OFFERED TO ERASMUS STUDENTS	Yes			
COURSE WEBSITE (URL)	https://eclass	.uniwa.gr/		

## (2) LEARNING OUTCOMES

#### Learning outcomes

The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described.

#### Consult Appendix A

• Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area

This course is a specialization course that aims to provide students with the knowledge to understand and manage clinical and psychological issues related to sexual dysfunction and to provide them with the skill and ability to assess the clinical and mental health of patients with sexual dysfunction and the interconnection of this with the necessity of submitting to assisted reproduction treatment.

After the end of the course students will be able to:

- Understand the physiology of sexual response, the classification of sexual dysfunction in men and women, the biological and psychogenic etiological factors of sexual dysfunction.
- Recognize the emotional and psychological needs of patients with sexual dysfunction and develop communication skills to provide psychological and emotional support to couples experiencing sexual dysfunction undergoing in assisted reproduction.
- Collaborate responsibly with other health professionals (mental health professionals, sex therapists) and be active and functional members of a multidisciplinary team for the identification, referral and management of sexual behavior problems.

#### **General Competences**

Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma

Supplement and appear below), at which of the following does the course aim?

Search for, analysis and synthesis of data and information, Project planning and management

with the use of the necessary technology

Adapting to new situations

Decision-making
Working independently

Team work

Working in an international environment

Working in an interdisciplinary environment

Production of new research ideas

Project planning and management
Respect for difference and multiculturalism
Respect for the natural environment

Showing social, professional and ethical responsibility and

sensitivity to gender issues Criticism and self-criticism

Production of free, creative and inductive thinking

Others...

Others...

- > Search, analysis and synthesis of data and information, using the necessary technologies
- > Team work
- Working in an interdisciplinary environment
- Working in an international environment
- Production of new research ideas
- Production of free, creative and inductive thinking

#### (3) SYLLABUS

- 1. Introduction and epidemiology of sexual dysfunction
- 2. Sexual response cycle and physiology of sexual arousal
- 3. Classification of female sexual dysfunction
- 4. Classification of male sexual dysfunction
- 5. Biological factors causing sexual dysfunction in women and men (endocrine, vascular, spinal cord injuries, infectious)
- 6. Psychogenic factors causing sexual dysfunction
- 7. Postpartum, menopause, breastfeeding and female sexual dysfunction
- 8. Clinical and laboratory diagnosis- Obtain medical history
- 9. Research Psychometric Diagnostic Tools
- 10. Drug treatment, hormonal treatment of sexual dysfunction
- 11. Sexual performance supplements and enhancement of sexual arousal
- 12. Sex therapy and psychological counseling

#### (4) TEACHING and LEARNING METHODS - EVALUATION

#### **DELIVERY** Face to face, laboratory training Face-to-face, Distance learning, etc. **USE OF INFORMATION** Learning process support through the electronic **ANDCOMMUNICATIONS** platform e-class, Microsoft Teams, Skype Business **TECHNOLOGY** Video teaching support Use of ICT in teaching, laboratory education, communication with students **TEACHING METHODS** Activity Semester workload The manner and methods of teaching are Lectures 54 described in detail. laboratory Lectures, seminars, practice, Interactive Teaching fieldwork, study and analysis of bibliography, 14 tutorials, placements, clinical practice, art workshop, interactive teaching, educational Study and Analysis of the visits, project, essay writing, artistic creativity, Literature 29 The student's study hours for each learning Presentation of Study 28 activity are given as well as the hours of nondirected study according to the principles of the 28 Writing thesis 47 Independent Study 200 Course total STUDENT PERFORMANCE **EVALUATION** 1. Written final exam (60%) which includes: Description of the evaluation procedure Multiple choice questions **Short Answer Questions** Language of evaluation, methods of evaluation, summative or conclusive, multiple choice Problem solving questionnaires, short-answer questions, openended questions, problem solving, written work, essay/report, oral examination, public 2. Presentation of Individual or Group Work (40%) presentation, laboratory work, clinical examination of patient, art interpretation, other Specifically-defined evaluation criteria are given, and if and where they are accessible to students.

#### (5) ATTACHED BIBLIOGRAPHY

Suggested bibliography:

- Lipshultz, L.I., Pastuszak, A.W., Goldstein, A.T., Giraldi, A., Perelman, M.A. Management of Sexual Dysfunction in Men and Women, An Interdisciplinary Approach. Springer Publishing, 2016
- 2. Goldstein I., Clayton A., Goldstein A., Kim N., Kingsberg S. Textbook of Female Sexual Function and Dysfunction: Diagnosis and Treatment, Willey Publishing, 2018
- **3.** Metz M., Epstein N., Mccarthy B., Cognitive-Behavioral Therapy for Sexual Dysfunction (Practical Clinical Guidebooks), Taylor and Francis, 2018
- Rowland D. Sexual Dysfunction in Men (Advances in Psychotherapy: Evidence-Based Practice) (Advances in Psychotherapy - Evidence-Based Practice Book 26), Hogrefe Publishing 2012