

Dr KOYMPAROU MARIA

PERSONAL INFORMATION

Psychologist, MSc, PhD, Medical School of the National and Kapodistrian
University of Athens

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Certificate of professional competence

Hellenic Republic, Attica Administrative Region, Commission

Directorate: Public Health & Social Welfare Division

(17/07/12)

Member of Association of Hellenic Psychologists

PROFESSIONAL EXPERIENCE

01/02/2016 – today	Psychologist Genesis Clinic of Athens, 14-16 Papanikoli str., Chalandri, Athens www.genesisathens.gr
01/03/2011 – 20/06/2011	Practicing Psychologist Center of Social Intervention, 5 Xenofontos & Pelopida str., Koridallos, Athens www.korydallos.gr

VOLUNTARY WORK

20/9/2013 – today	Magna Mater Hellenic Fertility, 38 Panagi Tsaldari, Agios
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Ioannis, Athens, www.elliniki.gonimotita.com

01/10/2013 – today Hellenic Corporation of Reproductive Medicine, 10 Papanikoli street, Chalandri, Athens www.eeai.gr

01/11/2011-01/06/2012 Babel Day Center, 72 I. Drosopoulou str., Platia Amerikis, Athens, www.syn-eirmos.gr

01/11/2011-01/06/2012 PRAKSIS MEDICAL CENTER of Athens, 5 Paioniou, Platia Victorias, Athens, www.praksis.gr

EDUCATION AND TRAINING

09/06/2021 PhD dissertation, Medical School, University of Athens, Grade: "Excellent"

Title: Stress management and Subfertility: The effect of Stress Management to the outcome of in vitro fertilization

03/09/2020 Practice on "New kinds of Families" at the "The Hellenic National Bioethics Committee of Bioethics Commission"

25-26/01/2018 Bayeley: Scales of Infant and Toddler Development 3rd Edition, Diagnostic & Therapeutic Center for children "Spiros Doxiadis"

18/5/2017 4th Cochrane Workshop/Assessing risk of bias, 3rd OBG Clinic University of Athens, "Attikon Hospital"

4/11/2016 Minnesota Multiphasic Personality Inventory-2T (MMPI-2)

Ison Psychometrica

26/11/2014 MSc, "Stress control and Health Promotion", Medical School, University of Athens, Grade of master's dissertation: 10, Grade of diploma: 8.6

01/09/2011 Retraining in "Clinical Psychopathology", 1st Psychiatric Clinic of the University of Athens, "Eginition Hospital" and Research University Institute of Mental Hygiene

13/07/2011

B.Sc “Psychology” Pantion University of Political and Social Sciences

Grade of bachelor's dissertation: 10, Grade of diploma: 6.94

SCIENTIFIC PUBLICATIONS (No. 8)

- Publication, 2021 Psychiatriki Koumparou M, Bakas P, Chrousos G, Economou M. The effect of psychosocial interventions on infertility: Inconsistency of research data. Psychiatriki. 2021 Sep 20;32(3):232-240.
- Publication, 2021 Psychiatriki Koumparou M, Bakas P, Pantos K, Economou M, Chrousos G. Stress management and In Vitro Fertilization (IVF): A pilot randomized controlled trial. Psychiatriki. 2021 Dec 20;32(4):290-299.
- Publication, 2018 Book chapter in Gourounti K., Counselling and Subfertility, book of Midwives Konstantaras 2nd Edition, 2018. Koumparou M., Department at Chapter 10: Subfertility and New kind of University of West Families, pp 167-182. Attica
- Publication, 2017 Translation of Koumparou M., Bakas P., Ekonomou M., “What textbook of Psychosocial support should you get from your European Society fertility clinic” Greek patient version ESHRE, of Human 2017 <https://www.eshre.eu/Guidelines-and-Legal/Guidelines/Psychosocial-care-guideline> Reproduction & Embryology

Publication, 2017	Translation of textbook of European Society of Human Reproduction & Embryology	Koumparou M., Bakas P., Ekonomou M., ““Pocket Guideline. Psychosocial care in infertility and MAR: How to meet patients’ references” Greek pocket version https://www.eshre.eu/Guidelines-and-Legal/Guidelines/Psychosocial-care-guideline
Publication, 2017	Translation of textbook of European Society of Human Reproduction & Embryology	Koumparou M., Bakas P., Ekonomou M., “The ESHRE, 2015 guideline: routine psychosocial care in infertility and medically assisted reproduction-a guide for fertility staff” Greek version https://www.eshre.eu/Guidelines-and-Legal/Guidelines/Psychosocial-care-guideline
Publication, 2017	Pubertal Gynecology and Menopause	Koumparou M., Bakas P., Ekonomou M., “Psychosocial Aspects of Subfertility. Pubertal Gynecology and Menopause 2017, 3(29): 32-39.
Publication, 2017	Pubertal Gynecology and Menopause	Koumparou M., Bakas P., Ekonomou M., Guidelines of ESHRE: The usual psychosocial care in Subfertility and Medically assisted reproduction-a guide for fertility staff Pubertal Gynecology and Menopause 2017, 3(29): 5-24.

PRESENTATIONS IN CONGRESSES

05/05/2020

Teaching at Midwives Department, University of West Attica

- Presentation: “New Forms of Families”
- 22/11/2019 Further education courses & Social Actions 2019-2020
Presentation: “Recommendations and Skills for smoking Cessation”
- 13/10/2018 Seminar: Protect your health and your fertility, Amaliada
Presentation: “Addictive substances and subfertility”
- 09-10/09/2018 Seminar: Reproduction in modern medicine, Sparti.
Presentation: “Modern IVF fertilization and new kinds of Families”
- 30/03/2018 Further education courses 2017-2018. Athens Genesis Clinic
Presentation: “Stress and Subfertility”
- 14-16/03/2018 Fertility Europe Members' Meeting, Malta
Presentation: «Greek good practices on infertility»
- 08/07/2017 Further education courses 2016-2017. Athens Genesis Clinic
Presentation: “Counseling in subfertility: Psychologic profile Of subfertile couples”.
- 27-29/03/2017 Fertility Europe Members' Meeting, Belgium
Presentation: «Launch Policy Audit on Fertility Analysis of 9 EU Countries»
- 11/03/2017 Seminar: Reproduction issues and the family, Athens
Presentation: “Psychological training programs of dealing

With intrafamily violence

- 30/09/2016 Seminar: Developments in Subfertility and Children's Health
Following assisted reproduction, Volos
Presentation: "surrogate motherhood: children with new Families"
- 03-05/06/2016 9th Panhellenic Congress of embryo-fetal medicine, Nafplio
Presentation: "Psychological adaptation of mother-child
With heterologous genetic material in assisted reproduction
From perinatal period to the first developmental stages"
e-poster: "Single Embryo regression in double pregnancy"
- 04-07/05/2016 28th Panhellenic Congress of Internal Medicine, Rodos
Presentation: Relationship between Alzheimer and stress
and disease prevention through lifestyle change"
- 16-17/04/2016 8th Cretan Congress of OBGYN, Crete
Presentation: "Stress and subfertility. Recurrent pregnancy Loss"
- 12-15.11.2015 4th East European Psychiatry Congress and the 3rd Congress of preventive Psychiatry
Presentation: "Pilot application of stress management Program in sub fertile women"
Presentation: "Bulimia and stress"
Presentation: "Unexplained symptoms and correlation with Stress, anxiety and depression"

25-27/03/2015	Fertility Europe Member Meeting, Greece Presentation: «Stress management and In Vitro Fertilization (IVF): A Pilot Randomized Controlled Trial»
19-21/03/2014	Fertility Europe Member Meeting -Strategic Plan 2015-2019, Croatia Presentation: «The good practices of Greece and Hellenic Fertility Association Magna Mater on Infertility»
11-12/06/2011	Seminars of Student’s research in Psychology, Pantion University, Athens Presentation: “Social representations of Samos residents For immigrants”

MEMBER OF SOCIETIES

2016- today	Scientific member and member of editing committee of the Hellenic Scientific Journal “Reproduction” (Quarterly) ISSN 2529-1475
2016-today	Scientific member and member of auditing committee of The Hellenic Society of Reproductive medicine www.eeai.gr
2012–2014	Scientific member. Scientific Association of Stress Management and Health Promotion www.stresssociety.gr

PERSONAL SKILLS

English language	University of Cambridge, ESOL Examinations, Level C2
Sign language	Hellenic Deaf Society Certification
IT	ICT Europe